

Autumn Mist Belk
NC State University
Health & Exercise Studies
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EDUCATION

Degrees:

UNIVERSITY OF MARYLAND, College Park, MD
Master of Fine Arts in Dance (2006)

UNIVERSITY OF ALABAMA, Tuscaloosa, AL
Bachelor of Arts in Dance and Studio Art (2000)

Additional Training & Certifications:

230-hr Yoga Instructor Training, Asheville Yoga Center (2011)
Horton Pedagogy Workshop, The Ailey School, New York, NY (2010)

CHOREOGRAPHIC WORKS & PERFORMANCE HISTORY

(evening-length works are listed in bold)

Finding Place (2012)

- Finding Place, PSI Theatre, Durham, NC (February 2013)
- First Friday at Artspace, Raleigh, NC (February 2013) *excerpts*
- SPARKcon, Raleigh, NC (September 2012) *excerpts*
- Summer Dance Series, NC Museum of Art, Raleigh, NC (July 2012)

Fashion Briefs (2012)

- American Gods, Dance Place, Washington, D.C. (December 2012)
- Fashion Briefs, Burning Coal Theatre, Raleigh, NC (March 2012)
- Sanspointe/Code f.a.d. Company Concert, Birmingham, AL (March 2012) *excerpts*
- Greensboro Fringe Festival, Greensboro, NC (January 2012) *excerpts*
- NCSU Dance Company Concert, Raleigh, NC (April 2011) *excerpts*
- Worlds Collide, Cary, NC (April 2011) *excerpt*
- Dance New Amsterdam Showcase, New York, NY (January 2011) *excerpt*
- Houston Fringe Festival, Houston, Texas (May 2010) *excerpts*

Journey (2012)

- Panoramic Dance Project Concert, Raleigh, NC (March 2012)

Soccer Symphony (2011)

- Panoramic Dance Project Concert, Raleigh, NC (March 2011)
- TEDxNCSU Conference, Raleigh, NC (March 2011)

Julep (2010)

- NC Dance Festival Tour, 5 cities across NC (September 2012 – January 2013)
- NC State Dance Program Fall Concert, Raleigh, NC (November 2011)
- Beyond the Threshold Festival, Seattle, WA (June 2011)
- Dance New Amsterdam Showcase, New York, NY (January 2011)
- An Evening with Code f.a.d. Company, Cary, NC (October 2010)
- NC Dance Alliance Choreographers Showcase, Elon, NC (September 2010)

The Evolution of Breakfast (2010)

- NCSU Dance Company Concert, Raleigh, NC (April 2010)

An Operetta for Coco (2010)

- First Fridays: Dance Seen, Raleigh, NC (February 2010) *excerpt*
- NC Dance Festival at Meredith College, Raleigh, NC (January 2010) *excerpt*

Indulge (2009)

- SPARKcon, Red Hat Amphitheatre, Raleigh, NC (September 2012)
- Dance New Amsterdam Showcase, New York, NY (January 2010) *excerpts*
- Indulge, Duke University, Durham, NC (October 2009)
- SPARKcon Super Small Dances, Raleigh, NC (September 2009) *excerpt*

Manifesto (2009)

- *All of the Above* presented by Blank Slate, Durham, NC (May 2010)
- District Dance Share, Washington, D.C. (March 2010)
- NCSU Dance Company Concert, Raleigh, NC (April 2009)

Coiffure (2008)

- NC Dance Festival Tour, across North Carolina (2010-2011)
- NC Dance Alliance Choreographers Showcase, Roxboro, NC (October 2008)
- NCSU Dance Company Spring Concert, Raleigh, NC (April 2008)
- ACDFA Mid-Atlantic Regional, Baltimore, MD (March 2008)

A Kind Place (2007)

- Close Your Eyes & Friends Concert, Chapel Hill, NC (April 2007)

Bubble (2007)

- Dance Charlotte, Charlotte, NC (October 2009)
- NCSU Dance Company Spring Concert, Raleigh, NC (April 2007)
- NC Dance Project Saturday Series, Greensboro, NC (October 2006) *in-progress showing*

Il Matrimonio Segreto (2006)

- Maryland Opera Studio, College Park, MD (April 2006)

Dinner (2005)

- NC Dance Festival Tour, across North Carolina (2008-2009)
- NC State Dance Program Fall Concert, Raleigh, NC (November 2008)
- Celebrate the Arts Festival, Wilmington, NC (November 2006) *excerpt*
- NC State Dance Program Fall Concert, Raleigh, NC (November 2006) *excerpt*
- Code, Clarice Smith Performing Arts Center, College Park, MD (November 2005)
- American Dance Festival Staff Show, Durham, NC (July 2005) *excerpt*
- Making Dances/Taking Chances, College Park, MD (March 2005) *excerpt*

Moment (2005)

- Code, Clarice Smith Performing Arts Center, College Park, MD (November 2005)
- American Dance Festival Staff Show, Durham, NC (July 2005)

Into the Zoo (2004)

- NCSU Dance Company Concert, Raleigh, NC (April 2010)
- Code, Clarice Smith Performing Arts Center, College Park, MD (November 2005)
- Making Dances/Taking Chances, College Park, MD (March 2004)

Regulation (2004)

- NCSU Dance Company Spring Concert, Raleigh, NC (April 2009)
- American Dance Festival Acts to Follow, Durham, NC (July 2007)
- Code, Clarice Smith Performing Arts Center, College Park, MD (November 2005)
- Making Dances/Taking Chances, College Park, MD (March 2005)
- New Dances, College Park, MD (December 2004)

Sirens (2004)

- Annual Student Art Show, Union Art Gallery, College Park, MD (May 2005)
- Anima: Music that Moves, College Park, MD (October 2004)

FALLING: Man v. Monster (2000)

- SPARKcon, Moore Square, Raleigh, NC (September 2008)
- Code, Clarice Smith Performing Arts Center, College Park, MD (November 2005)
- Dance Alabama, Tuscaloosa, AL (October 2000)

Monday Morning (1999)

- Code, Clarice Smith Performing Arts Center, College Park, MD (November 2005)
- Dance Alabama, Tuscaloosa, AL (October 1999)

TEACHING EXPERIENCE

Collegiate courses:

NORTH CAROLINA STATE UNIVERSITY, Raleigh, NC

- Health & Exercise Courses in Yoga, Pilates, Aerobics, & Dance (Fall 2011-present)
- Current Trends in Afrocentric and World Dance (Fall 2010-present)
- Problems of Dance Performance (Fall 2006-present)
- Acrobatic Conditioning for Dancers (Fall 2008, Spring 2009)
- Movement Improvisation (Fall 2007, Spring 2009)

MEREDITH COLLEGE, Raleigh, NC

- Jazz II (Spring 2011)
- Jazz III (Fall 2010)
- Ballet I (Fall 2010)

UNIVERSITY OF MARYLAND, College Park, MD

- Improvisation, Teaching Assistant with Lionel Popkin (Spring 2006)
- Modern IV, Teaching Assistant with Lionel Popkin (Spring 2006)
- Dance Filmmaking, Extra-curricular course for the Student Dance Association (Spring 2006)

Private studio & Recreational teaching:

Vinyasa Yoga Instructor, Vault Yoga, Raleigh, NC (2012)

Modern Dance Teacher, Raleigh School of Ballet, Raleigh, NC (2007-2009)

Residencies:

Millbrook High School, Raleigh, NC

- Dance & Film Project Residency (2011)

Cardinal Gibbons High School, Raleigh, NC

- Intermediate Modern Dance Choreographic Residency (2010)

Carolina Ballet Summer Intensive, Raleigh NC

- Modern Dance for the Ballet Dancer, Beginning-Advanced Levels (2010)

Master classes:

Intermediate & Advanced Modern Dance

- Broughton High School, Raleigh, NC (2011)
- Enloe High School, Raleigh, NC (2011)
- Millbrook High School, Raleigh, NC (2011)
- Appalachian State University, Boone, NC (2010)
- Eastern Guilford High School, Gibsonville, NC (2010)
- NC Dance Alliance Annual Event Conferences (2009, 2010)
- Cary Ballet Conservatory, Cary, NC (2010)
- Meredith College, Raleigh, NC (2009)
- SPARKcon Festival, Raleigh, NC (2009)

Acrobatic Conditioning

- NC State University Arts Forum (2010, 2011)

Improvisation

- NC State University Arts Forum (2008, 2009, 2010)
- SPARKcon Festival, Raleigh, NC (2008, 2009)

Broadway Jazz

- NC State Dance Program Master Class Series (2010, 2011)

ACADEMIC CONFERENCE PRESENTATIONS

National Dance Association Pedagogy Conference

- The Intersection of Yoga and Modern Dance (2012)

American College Dance Festival Association Conferences

- Vinyasa Yoga (2012, 2013)
- Lester Horton Dance Technique (2012, 2013)
- Advanced Modern/Post-Modern Dance (2007, 2008, 2010, 2011, 2012, 2013)
- The Intersection of Dance, Theatre, and Multimedia Panel Presentation (2011)
- Acrobatic Conditioning for Dancers (2010, 2011)

AWARDS AND RECOGNITION

Sue Stinson Grant for Educational Programs Recipient, NC Dance Alliance (2011)

NC Dance Alliance Choreography Fellow (2010)

Meredith College Affiliate Artist (2009)

Regional Artist Project Grant Recipient, United Arts of Wake County (2009)

ADDITIONAL SCHOLARLY ACTIVITY

Artistic Director, Choreographer, Teacher

- Code f.a.d. Company (multimedia dance company), Raleigh, NC (2008-present)

Service for the local and state-wide dance communities

- danceSPARK organizer, SPARKcon Festival, Raleigh, NC (2009-present)
- volunteer graphic designer, NC Dance Alliance, Raleigh, NC (2008-2009)